



LAKE SIDE
PHYSICAL THERAPY
AND
FITNESS CENTER

IS NOW OFFERING A

COMMUNITY

YOUTH FITNESS CLASS

KIDS AGE 8-13

Tuesdays and Fridays

4-5pm

Cheat Lake Elementary School

COME JOIN US FOR A FUN HOUR GEARED
TOWARDS KEEPING KIDS ACTIVE!!!

PLEASE CALL **(304) 594-2500**

TO REGISTER FOR THE FIRST CLASS STARTING ON DECEMBER 2!



www.lakesidephysicaltherapy.com